

Adult Social Care

Discharging the local authority's statutory duties in relation to the Care Act (2014), the Mental Health Act (2007) and the Mental Capacity Act (2005). Supporting people to live independent and fulfilling lives being part of their local communities.

**see appendix 1 for legislative framework for Adult Social Care

21 July 2021

What this presentation covers

- **Overview of Adult Social Care:**
 - Principles
 - Focus
 - Purpose
 - legislative framework (appendix 1)
 - Resources
 - Activity
- **Current Transformation, adaptation and innovation activity:**
 - Better Lives Programme
 - ICS Development
 - Improved relationships

Adult Social Care

Our principles, our focus and our commitment to supporting people to live their ‘Best Life’

Better Lives Social Care Support

Better Lives ASC vision and aspiration to support local people

- To be as independent as possible and to have control of their lives
- To live their lives in their way (“Best Life”)
- To be part of and have thriving local communities to call on

“ Don’t we all want to live in the place we call home with the people we love , in communities where we look out for one another , doing the things that matter to us. “ socialcarereform#

Our Principles...

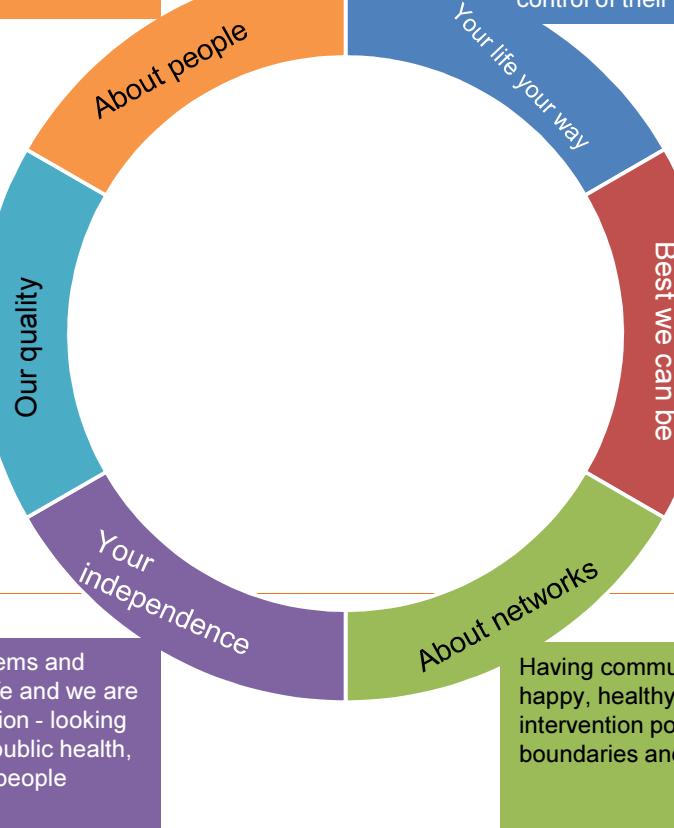
- We focus on **people**, not systems and services.
 - We always promote **independence**, knowing that independent lives are **happier, healthier and more fulfilled**.
 - We recognise that **people are the experts in their own lives** and work together, and **wider community networks**, to achieve the **best quality of life possible**.
 - We are **bold and enterprising**, looking for the best solution and recognising that supporting people through change will often achieve the best outcome.
 - We look outward and forward in our approach to embracing the social care of the 21st century, not inward and backward.
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- We strive for the **highest quality standards** in everything we do.
 - We share **best practice**, **celebrate success** and **learn and act** when we can do better.

Our Focus....

We focus on the individual, rather than the current systems and processes. Prevention is the key to a better quality of life and we are focusing our efforts on early intervention and rehabilitation - looking broadly across a wide range of interventions including public health, wellbeing and economic growth - to keep Derbyshire's people independent and fulfilled.

People know themselves best. We will work with individuals, and the networks that exist across communities, to ensure that together we can access the support that is right for them and gives the best quality of life possible. We are focused on keeping people out of residential care, on living our lives our way, and on citizens having control of their own lives.

We are focused on quality in every part of our work. How we perform every element of our roles contributes to making people's lives better. We use our Quality Assurance Framework to make sure we use the right process, first time, every time.



“Adult social care covers a wide range of activities to help people who are older or living with disability or physical or mental illness live independently and stay well and safe”. The Kings Fund 2019.

...Assessing need...

This includes:

- Individual needs assessment
- Carers needs assessment
- Locality and community level needs analysis

...promoting independence...

This includes:

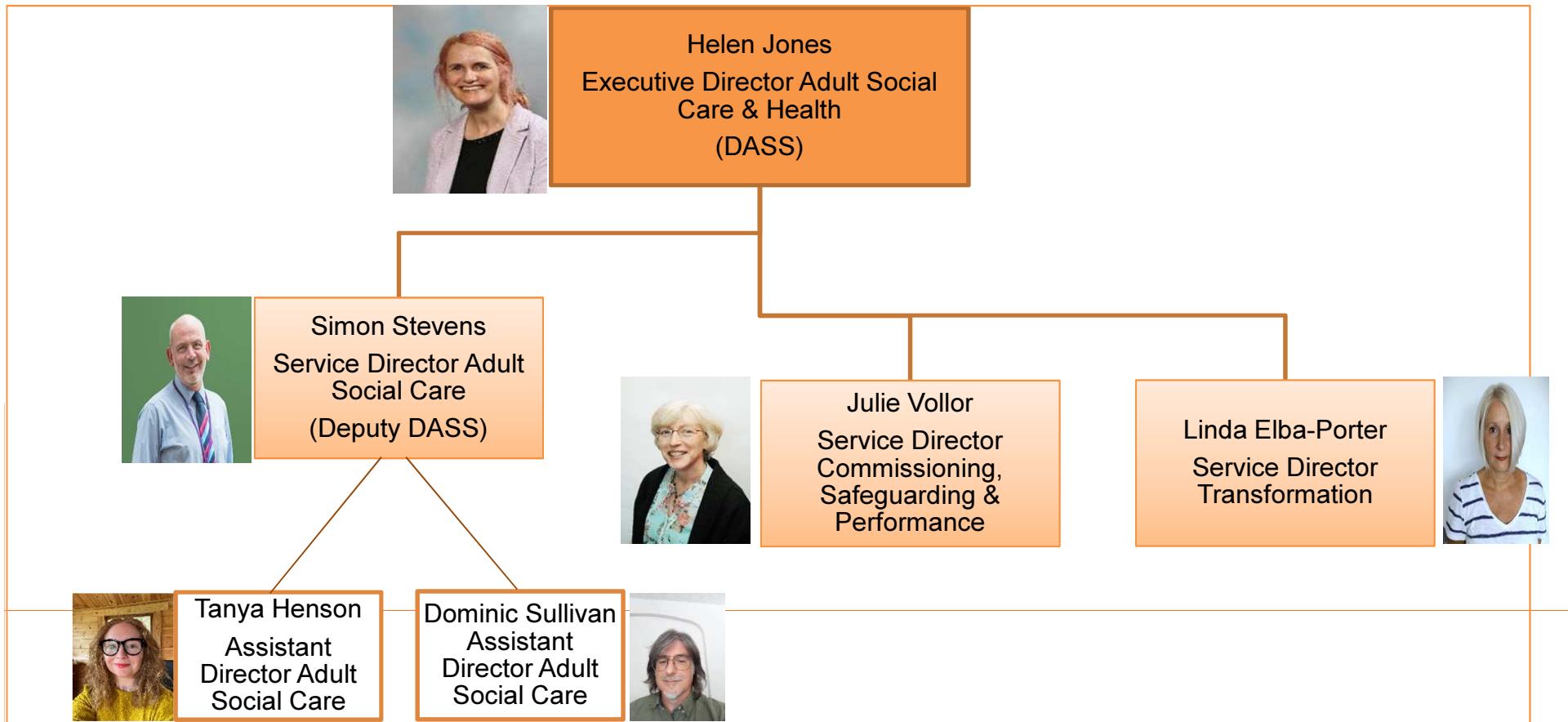
- Focus on strengths
- Delivering and commissioning enabling services.
- early engagement and preventative action
- Supporting people to develop and maintain effective support networks.

...safeguarding...

This includes:

- Protecting peoples rights to live in safety.
- Keeping people safe from harm.
- Supporting people to make their own decisions.

...via the following structure...



Supported by Extended Leadership Team

Our Internal Resources...

- Around **4,800 employees** across our assessment, commissioning, delivery and transformation functions.
- 2200 working across **110** directly provided front line care and support teams
- 749 Care Workers (community) supporting **3955** individuals in receipt of homecare services.
- 1362 Care Workers supporting **1,574** people to receive short and long term residential care services across 23 directly provided residential care homes for older people
- 159 Residential Social Worker and Care Worker staff supporting **200** people with a learning disability to receive life skills and respite care services across 4 establishments.
- 236 Day Care Workers providing support to **659** individuals
- 328 Social Work team staff providing assessment and social work support to people in their own homes, living in care home settings and requiring support to discharge from hospital.

Our External Resources...

- Around **18,078** paid care and support staff across a range of voluntary and private sector services.
- 74 providers of homecare services supporting **11,194** individuals in receipt of homecare services.
- 224 care home providers operating **5,624** residential and nursing care beds
- 93,000 Unpaid carers providing approximately **650,000** hours of care and support to people per week
- **150** voluntary sector organisations providing day centre, practical support, advice and

And delivering the following actions and outcomes

- Supported **16,532** people to live independently at home (directly providing 302,800 hours and commissioning 1,706,826 hours of homecare support)
- Worked with **27,819** people actively known to our services
- Responded to **80,846** referrals for support
- Completed **4,342** safeguarding episodes
- Undertook **3,601** carers assessments
- Supported **9,459** people to be discharged from hospital
- Completed **1,325** Mental Health Act assessments

**Current Transformation,
adaptation and innovation
activity:**

A focus on improving outcomes for people...

- We have successfully completed the first year of our four year ‘Better Lives’ transformation programme and have made significant progress on our ambition to provide both improved outcomes for people and make more effective use of resources. Although we have faced unprecedented challenges as a result of the Covid pandemic we have achieved or exceeded all our targets within the programme.
- All the new ways of working have been designed by frontline colleagues and are now either rolled out or are being rolled out across the department. The programme has so far focused on the following areas:
- Supporting people on discharge from hospital ensuring wherever possible people return to their homes with a reablement offer.
- Improving the Short-Term homecare offer across the department, **embedding a reablement approach** ensuring people are supported to regain their independence following either a stay in hospital or following a crisis at home. **37% more people have been able to access this service**
- Supporting front line practitioners to further develop their practice to support local people to remain at home. **Admissions to residential care have reduced by a third.**
- Supporting people with a learning disability and / or who are autistic to move to supported living houses rather than live within residential units. **13 people have moved so far**
- Supporting people with a learning disability and / or who are autistic to access employment, meaningful activity or volunteering in the community.

Better lives

Work streams

What phase is
the work stream
in?



Working-Age
Adults

Maximising independence for those with
disabilities

SUSTAIN



P&P
Assessments &
Reviews

Support planning for independent lives

SUSTAIN



Short Term
Services

Extra support to help people live happy lives at home

**SUSTAIN
PHASE 1**



Data Dock

Using data to help us improve practice and
services

OPERATIONAL



Hospital
Discharge

Discharge support to get people home from
hospital

SUSTAIN

Joined Up Care

Derbyshire / Integrated Care System



- Continue to provide executive and senior leadership engagement into system partnership developments ensuring that Social Care is a key partner in the creation of collaborative system working.
- Continue to drive Place based working through Group Managers at a locality level.
- Develop Place based commissioning arrangements to support the development of thriving communities.
- Drive a focus on individual responses and person focused delivery.

Working with people in localities

- We are actively engaged with local people and system partners in localities as part of Place Alliance groups working to understand the strengths and needs of each locality and developing system responses to support individuals to maximise their independence and communities to thrive.
- We are set up structurally to respond to council district and borough footprints and focus our practice on improving outcomes for individuals.
- We continue to develop links with our council wide thriving communities approach.

Improved system relationships

- We have worked hard to develop and sustain strong system relationships and have trusted partnerships in place across all levels.
- The Covid pandemic has enabled us to strengthen those relationships and our focus is to ensure that we continue to build on the strong foundations that are in place.

Legislative Framework

Care Act 2014 – This is the law which sets out the local authorities' duties in relation to assessing people's needs and their eligibility for care and support (adult social care), including carers who need support

- **Wellbeing principle** - whenever a local authority makes a decision about an adult, they must promote that adult's wellbeing.
- **Prevention** - requires local authorities to ensure the provision of services which help prevent, delay or reduce the development of care and support needs (including carers' support needs).
- **Integration** - duty to carry out care and support functions with the aim of integrating services with those provided by the NHS or other health-related services.
- **Information and advice** - duty to provide an information and advice service which is available to all people in the local authority's area.
- **Diversity and Quality of provision (Market Shaping)** - duty for local authorities to promote diversity and quality in the market of care and support providers for people in their local area.
- **Cooperation** - duty to cooperate between the local authority and other organisations which have functions relevant to care and support. This includes a duty on the local authority itself to ensure cooperation between its adult care and support, housing, public health and children's services.

Legislative Framework

Mental Health Act 2007 - The Mental Health Act is the main piece of legislation guiding the compulsory inpatient admission and treatment of people with mental health problems.

- Least restrictive option and maximising independence.
- Empowerment and involvement.
- Respect and dignity.
- Purpose and effectiveness.
- Efficiency and equity.

Legislative Framework

Mental Capacity Act 2005 - If you can't make decisions for yourself because you don't have the mental capacity to make them, the Mental Capacity Act tells you:

- what you can do to plan ahead
- how you can ask someone else to make decisions for you
- who can make decisions for you if you haven't planned ahead
- **A presumption of capacity** - every adult has the right to make his or her own decisions and must be assumed to have capacity to do so unless it is proved otherwise.
- **Individuals being supported to make their own decisions** - A person must be given all practicable help before anyone treats them as not being able to make their own decisions. If lack of capacity is established, it is still important that you involve the person as far as possible in making decisions.
- **Unwise decisions** - People have the right to make decisions that others might regard as unwise or eccentric. You cannot treat someone as lacking capacity for this reason.
- **Best interests** - Anything done for or on behalf of a person who lacks mental capacity must be done in their best interests.
- **Less restrictive option** - decisions made on behalf of a person who lacks capacity must consider whether it is possible to decide or act in a way that would interfere less with the person's rights and freedoms of action.